



**AMRITA**  
**KAIRALI VIDYA BHAVAN**  
Senior Secondary School(CBSE)  
Nedumangad



# AMRITADARSHAN

*-A portrait of the creative minds-  
e-literary journal*



## **EDITORIAL....**

*Greetings fellow readers & welcome to the 2nd edition of.....*

**Amritadarshan--e literary journal.**

*This magazine is a humble attempt to facilitate the budding talents to blossom and spread their fragrance.*

**Amritadarshan** is more than just a bundle of sheets bound together.

*It is a distillation of the vivid and vibrant emotions that flickers in the enthusiastic minds of the young.*

**...Leaf through the pages and discover.....**

**Best wishes.**

# "DREAM BIG AND WORK HARD"

"The key to happiness is having dreams".



"The key to success is making your dreams, become true". Without dreaming big, you cannot become a successful person. Hence you should be dreaming big and achieve unbelievable success in your life. We all have many dreams in life. Because of

certain constraints, we may not achieve all our dreams. So, it is important to dream big so that even if we don't achieve our goal, we may hit somewhere near our goal.

There are no limits to one's dream.

We all know people says, "Where there is a will, there is a way". Once an individual determines a big goal, he is bound to gather his resources and work hard to attain success.

" A bird sitting on a tree is never afraid of the branch breaking, because her trust is not on the branch but on its own wings."  
So, always believe in yourself.



Before you can start working towards achieving your dreams, the first step is to believe in them.

## 'Dreams don't work unless you do' by John C Maxwell.

This is true because dreaming without a plan of how to make those dreams a reality will get you nowhere. One needs to work hard towards achieving the dreams, then only the real purpose of seeing the dreams will be accomplished. Those who dream big should also plan their course of action so as to achieve those big dreams.

One might face a number of troubles in the pathway of success which might tend to pull him back and force him give up on his efforts. But a winner overcomes all these negativities and stays strong on his path.



The key to success lies in the course of action that follows dreaming big. Dreams are often the driving force behind our biggest efforts in life. It doesn't matter how big or how small your dreams are, what's important is that you believe in them enough to work hard to achieve them.

# Live the life of your dreams



There were two boys named Tom and John. Both of them were bright in their studies. As they were bright learners, they got scholarships in the most prestigious college in the country. Once, these boys were invited to a party. While at the party some other boys came and asked Tom and John to have a drink. But

both of them said “No”, and the bad influencers started poking fun at the boys. Fed up with teasing, John went and had a drink and the bad boys cheered him to have some more. Soon after that, the bad guys asked John to take some drugs. To join their alliance John gave his consent. As John was going to take drugs, Tom asked John “not to let himself go”. Being in peer pressure John thought Tom must be jealous and asked Tom to leave him. While leaving, Tom turned back and saw John taking drugs with the guys at the party.

Before long, the police showed up. When the bad guys saw the police, they gave all the drugs to John and left. John got stuck with the drugs and the police arrested him.

While John was in jail, he got handed a letter from his university stating that they found out about his drug charges and revoked his college scholarship and admission. As time goes on, Tom graduated and started his own business. And then one day John and his friends happen to run into Tom. After seeing the rich position of Tom, John felt sorry for himself.

**Moral: Never ever fall for peer pressure.**

**Manha T J - 9B**

# Proverbs and its Meanings

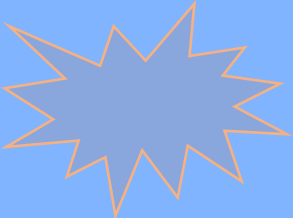


**1. Don't judge a book by its cover**

Don't judge someone by their appearance alone.

**2. Knowledge is power**

The more you know, the more powerful you can be in different areas of your life.



**3. All good things must come to an end**

Everything ends, good time doesn't last for ever.

**4. A picture is worth a thousand words**

An image can tell a story better than words.



**5. Beauty lies in the eyes of the beholder**

Understanding beauty differs from person to person.

**6. Better late than never**

It is better to finish something late than to never do it at all.




**7. Birds of the same feather flock together**

People who are similar spend time together.

**8. Don't count your chicken before they are hatched**

Don't expect a positive result before you actually see it.



# Good Nutrition for Pre-schoolers



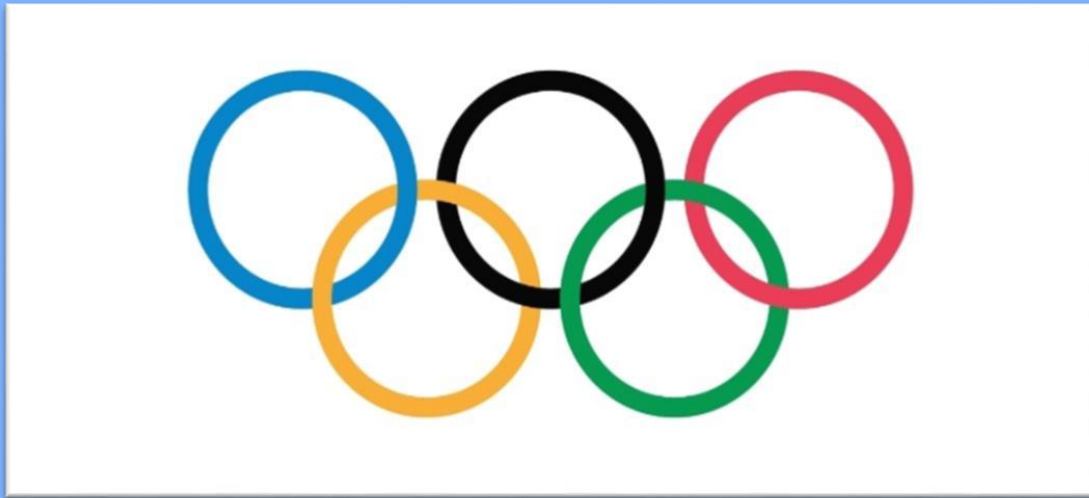
The preschool years, ages 3-5, are an influential time for developing healthy habits for kids that can last a lifetime. Pre-schoolers tend to grow in spurts and as such, their appetites can be intermittent. This is normal and if parents offer a healthy selection, their children will be set up with viable options. Specific breakdown of grains, protein, vegetables, fruits, and dairy vary based on size, age and gender.

Nutrients provide nourishment. Proteins, carbohydrates, fat, vitamins, minerals, fibres, and water are all nutrients. If children do not have the right balance of nutrients in their diet, their risk of developing certain health conditions increase.

The health of each and every child is important hence it is a vital fact to ensure that they get the sufficient nutrients from the diet.

**Smt. Reshma Jayakumar - KG Section**

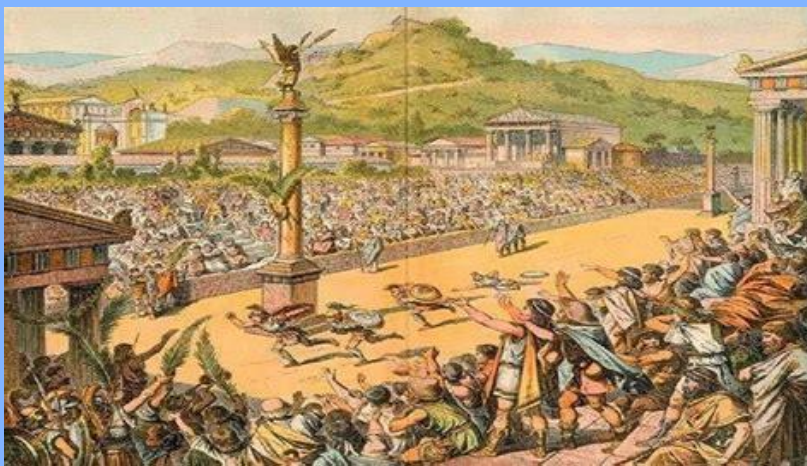
# The Olympics



The Olympic Games are the world's leading sports event. Athletes from more than 200 countries compete in them. The Olympics include the Summer Games and the Winter Games. Each is held in a different country once every four years. Until the early 1990s the Summer and Winter Games were held in the same year. Today they are separated by two years.

## Ancient Olympics

Although the ancient Games were staged in Olympia, Greece, from



776 BC through 393 AD, it took 1503 years for the Olympics to return. The first modern Olympics were held in Athens, Greece, in 1896. The man responsible for its rebirth was a

Frenchman named Baron Pierre de Coubertin, who presented the idea in 1894. His original thought was to unveil the modern Games in

1900 in his native Paris, but delegates from 34 countries were so enthralled with the concept that they convinced him to move the Games up to 1896 and have Athens serve as the first host.

Tokyo Olympics have begun (July 23) after a year-long delay due to the Covid-19 pandemic.

For the second time in its history, Tokyo is hosting the summer Olympics; they first hosted back in 1964. Tokyo is the first city in Asia to host an Olympics twice.

About 22 athletes and six officials from India are attending the opening ceremony for the Tokyo Olympics 2021 at the National Stadium.

India made a remarkable position in Tokyo Olympics compared to the previous ones. India bagged a total of 7 medals having one Gold two Silver and four Bronze.



Recognizing the unique potential of sport as an educational and communication tool, the Olympic Values Education Programme



(OVEP) is a practical set of learning resources designed to inspire and allow young people to experience life values such as excellence, respect and friendship.



\* As far as I know our school also promotes Olympics. Here we even have an Individual subject for classes 11-12 (PE). Our teachers give massive support and practice for the students who are interested in sports. And we give the same importance as education to sports as well. And also, I congratulate all the winners of 'Tokyo Olympics'. "The Olympics remain the most compelling search for excellence that exists in sport, and may be in life itself."

Thank you

**Malavika MS - VIII C**

# Tina & Tom



Once upon a time there lived a puppy named Tom. One day while he was walking through the road, a car hit him. He was hurt, his two legs got injured. He started crying. Many people saw that, but no one took care of him. Then a girl named Tina noticed Tom and she immediately took him to her home. She took bandage and wrapped around his legs. She gave him some biscuits and milk.

Tom became very happy and wagged its tail. Tina wanted to take care of Tom. She asked the permission of her parents to let Tom live with her. They agreed to it. Tina and Tom lived together happily ever after...

# Koh-i-Noor

## Bringing back the Kohinoor

"A Star of London's Crown Jewels, the Indian gem has a bloody history of colonial conquest."

The koh-i-noor diamond is one of the largest and most famous cut diamonds in the world. It was most likely found in southern India between 1100 and 1300. The name of the stone is Persian meaning 'Mountain of Light' and refers to its astounding size - originally 186 carats. [Today 105.6]

The diamond came from India's alluvial mines thousands of years ago sifted from the sand. According to Hindu belief, it was revered by gods like Krishna – even though it seemed to carry a curse if the luck of its owners was anything to go by.



It was later acquired by Delhi Sultan Allauddin Khilji. The diamond was also part of the Mughal Peacock Throne. In its long history, the stone has changed hands many times, almost always into the possession of male rulers.

In 1849, after the conquest of the Punjab by the British forces, the properties of the Sikh Empire were confiscated. The koh-i-noor was transferred to the treasury of the British East India Company in Lahore. Today, the diamond is on public display in the jewel house at the Tower of London.

**Sreesankar P S - Class: 5D**

# VIRTUAL ONAM CELEBRATION - 2021

Though this year's Onam festivities were marred by the pandemic, the schools in the district resorted to different ways to lift the spirit of students. The pandemic has changed the very nature of Onam celebrations, but it has not lowered the spirit of the annual harvest festival.

This year too we have celebrated Onam online and were planned both pre-shot and live programmes. With online classes already happening, it wasn't a huge task for teachers to coordinate with students for Onam celebrations, but what surprised them was the amazing response from the talented kids who performed exceptionally well though they were stuck at homes. Parents' involvement and support was an inevitable part in the celebrations. Students and teachers appeared online in Onam attires and made digital Pookkalam.



Parents play a key role in the school's celebrations which is highly remarkable. They had shared the videos and pictures of their child's programs. In smaller

classes, kids, along with parents and grandparents joined the online meets. In some videos, the grandparents shared their experience of Onam celebrations. They played with their kids in the swing and sang with them. Moreover, it strengthened the bond between students, teachers, and parents. Moreover, these online celebrations have become a great stress buster for the students. Though the virtual celebrations fail to provide the vibe of offline celebrations, they are happy as it relieved the stress of being stuck up at homes without meeting friends and teachers.

**Smt. Jincy V - Dept. of English**

# VERB

Verb Verb Verb

Verb is an Action word

Doing, doing, doing

Doing my homework.



Run, run, run

Run is an action word

I am running

Running to the school.

Write, write, write

Write is a action word

I am writing

Writing a poem.



Sleep, sleep, sleep

Sleep is an action word

I am sleeping

Sleeping with my mom



Run, write, sleep

All these action words

I love to do

With my sweet mom.

**Neha Krishnan – 2B**

# Riddles

1. I can fly but have no wings. I can cry but I have no eyes. Wherever I go, darkness follows me. What am I?

**Cloud**

2. I have no legs. I will never walk, but always run. What am I?

**River**

3. I Have No Life but I Can Die

**A Battery**

4. I never ask questions, but I am always answered. What am I?

**A Door bell**

**Satwika T Shaiju - 3A**

1. I am tall when I am young, and short when I am old. Who am I?

**Candle**

2. What starts with the letter T, is filled with T and ends in T?

**A tea-pot**

3. What can run but can't walk?

**A drop of water**

4. What's full of holes but still holds water?

**A sponge**

5. What is yours but others use it more?

**Your name**

6. What goes up every year, and never comes down?

**Your age**

**Akshay S S Thampi - 3 A**

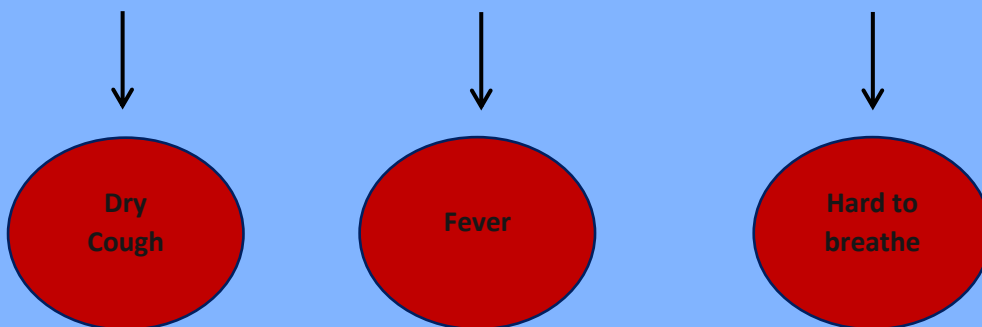
# TECHNOLOGY & COVID - AT OUR FINGER TIPS



I am very small. I am travelling the world right now. Have you heard of me?

Yes, Yes, I am Covid-19. I am a virus. You know very well who I am. Some of my friends are the common cold and flu.

If once you catch me, I can make you feel like this



There are significant disadvantages, because there is a huge loss in jobs, lives and economy of the Country. Main disadvantages for students are online classes. Online classes affect the eyes of the students due to long hour's usage in front of the screen.

Do you know friends what are the differences before and after I came ?





## FIRE FLY

In the Light that Shine in you  
You are the One who  
Shine at the night  
You are like the Star  
Coming down from the Sky

Aaradhya B A - II C

## BUTTERFLY



*Butterfly, butterfly  
Where do you fly  
Flying here and there  
In the green green garden  
You are pretty, you are cutie  
All of us like your beauty*

ADVITA S K - 1C

# My Mirror



*Mirror, mirror, on my room  
Mirror, mirror, on my wall  
Mirror, mirror, if I am near to you  
I just want to be this pretty and tall  
Mirror, mirror, if I change my hair  
May be someone who will start to care?  
Mirror, Mirror, if starve myself  
At least I will be beautiful,  
forget my health  
Mirror, mirror, don't you see  
What you show is ruining me.*

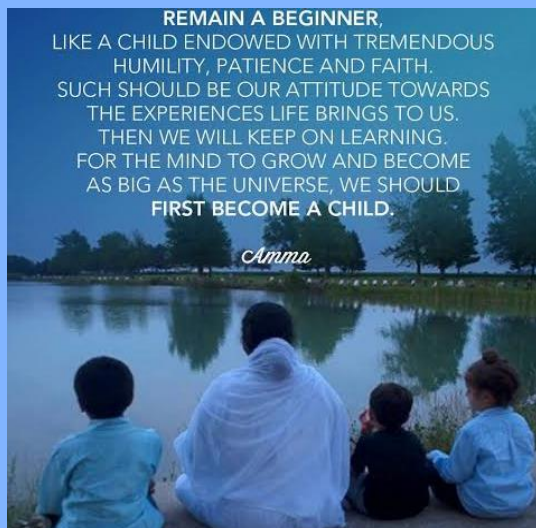
**VASUDEV R - 4B**

## **Corona**

**This is Our World  
Now it has become a Corona World  
The world ruled by Corona  
But we cannot allow that  
Together we can drive this  
Corona out of this World**

**Aaryan B A - IIC**

# WE MAY NOT BE IN THE SAME PHYSICAL SPACE, BUT CONNECTED DIGITALLY



Routinely, schools celebrate important days with functions, where teachers and students present so many programs and ensemble performances or take students on outing. This year however, teachers tried to replicate the activities virtually.

Schools across the country closed in March in view of the Covid-19 pandemic, following which most institutes decided to take the online route for imparting lessons. Both classes and celebration of important days, such as Teacher's Day and Independence Day celebration, have gone online since then.

Today's world has become a global village and celebrations of all kinds showcase the acceptance of cultural diversity, solidarity and patriotism.



Various events and celebrations are held virtually at Amrita Kairali Vidya Bhavan, Nedumangad, throughout the year wherein children get an excellent opportunity to discover their latent talent. The teachers motivate and nurture the skills of the students for their holistic development. All the celebrations and events that are organized in Amrita Kairali Vidya Bhavan, Nedumangad have profound meaning and pragmatic purpose as well.

## World Environment Day (05 June 2021)



*'Let's nurture the nature so that we can have a better future'*

World Environment Day is celebrated on 5<sup>th</sup> June every year across the globe to encourage people worldwide to save and protect their environment from different challenges the world is facing today. To mark this important day, the school organized activities and provided an opportunity to the students to show their concern for environment and spread awareness about its protection.

The students participated in activities related to environment with great zeal. They made beautiful brochures and wall-hangings using ecofriendly material and wrote slogans and quotes to propagate the message of protecting the environment from degrading. Each thing had a unique style and showcased the creativity of the child. The motivation of parents in helping the children do their bit in saving the environment was commendable indeed.

## International Yoga Day (21 June 2021)

*'Yoga is the journey of the self, through the self, to the self'*

International Yoga Day is celebrated on 21<sup>st</sup> June, every year across the globe. During this pandemic year also, parents, students and teachers of Amrita Kairali Vidya Bhavan, Nedumangad,



enthusiastically participated to mark the event. The students of all ages showed great zeal and enjoyed different yoga asanas in their Physical Education Classes. They learnt the benefits of various asanas and also learnt how to build strength, increase flexibility, boost confidence and stay positive in this pandemic situation.

Parents also came forward to spread the awareness of healthy living by doing yoga with children at home and shared photographs. Along with parents, the teachers also took initiative to demonstrate and educate children about staying fit. Overall, Yoga Day was successful in conveying the message of Healthy Living.

### **Janmashtami Celebration (11 August 2021)**



Janmashtami, an important festival, marks the birth of Lord Krishna. Even the covid-19 pandemic situation did not affect the zeal for the celebration of the festival. Children of all classes celebrated this festival virtually. And also, ABSK conducted an online competition to celebrate this festival. Many of the

students from our school had become the winners of competitions like Monoact, fancy dress, painting, Bhajan etc.

The school also took an initiative to encourage the students to unleash their talent and creativity. The children enjoyed the activities thoroughly and seemed very happy to have photographs clicked. Parents delightfully sent photographs of their children dressed up traditionally like Lord Krishna playing the flute.

## Independence Day Celebration (15 August 2020)



Amrita Kairali Vidya Bhavan, Nedumangad, celebrated Independence Day with unprecedented Patriotic fervor on 15 August 2021.

This Covid 19 pandemic

could not deter the zest of the AKVB family to hoist the national flag and celebrate the glory of our motherland. Following all the norms of social distancing and safety measures, the Manager of the school Mr. Sajikumar unfurled the national flag, followed by the national anthem, to commemorate the sovereignty of the nation. Our principal Mrs. Sindhu S addressed the gathering and expressed the joy of our priceless freedom and that the present generation must guard it.

The students of Amrita Kairali Vidya Bhavan, Nedumangad celebrated Independence Day online with great enthusiasm. The children expressed their love for the country by raising slogans like Jai Hind and Vande Mataram.

Children amazed everyone with their splendid performances. Videos and photographs were shared by the enthusiastic parents. It was a memorable day for the children with full of excitement and mirth.



## Teacher's Day (5 September 2021)

*'A teacher takes a hand, opens a mind and touches a heart'*

Every year, September 5 is celebrated as Teacher's Day commemorating the birth anniversary of Dr. Sarvepalli Radhakrishnan and

we remember the great work of this exemplary person on this day.

Time has changed because of Coronavirus but the fun and excitement



amongst the children and teachers was still then same. Children expressed their love and respect for their teachers by writing some heartfelt quotes on the key. Students recited songs, slogans and were seen beautifully dressed up as their favourite teacher.

It was truly a proud day for the teachers to bask in the love and attention they received from the students.

Moreover, National Sports Day, Kargil diwas etc were also celebrated through online mode. All the students, parents and teachers actively got engaged in all activities on these days with utmost spirit.

Festive fervor is still in the air. There is a lot of outpouring of Indian festivals, important days and school events, hence everyone at school rejoices them in their unique style and spirit.

**Smt. Jincy V - Dept of English**

# Fun with Definition

**Classic:** A book which people praise but do not read.

**Dictionary:** Place where divorce comes before marriage.

**Cigarette:** Pinch of tobacco rolled in a paper with fire at one end and a fool at the other

**Tears:** The hydraulic force by which muscular will power is defeated by the feminine water power.

**Doctor:** A person who kills your ills by his pills and kills you with his bills.

**Nurse:** A lady who loves and cares you till her shift ends.

**Politicians:** One who shakes your hand before election and confidence after.

**Smile:** A curve that can set a lot of things.

**Conference:** The confusion of one man multiplied by the number of present.

**Secret:** Rapidly spreading news.

**Examinations:** Gives you an opportunity to say 'I will do it next time'.

**License:** Gives you permission to break the law.



# Google

## GOOGLE (Global Organization of Oriented Group Language of Earth)- A Multiservice Platform

**Google LLC** is an American multinational technology company that specializes in Internet related services and products, which include online advertising technologies, a search engine, cloud computing, software, and hardware. It is considered as one of the Big Five companies in the American information technology industry, along with Amazon, Facebook, Apple, and Microsoft.



Google was founded on September 4, 1998, by **Larry Page** and **Sergey Brin** while they were Ph.D. students at Stanford University in California. Together they own about 14% of its publicly-listed shares and control 56% of the stockholder voting power through super-voting stock. The company went public via an initial public offering (IPO) in 2004. In 2015, Google was reorganized as a wholly-owned subsidiary of Alphabet Inc... Google is Alphabet's largest subsidiary and is a holding company for Alphabet's Internet properties and interests.



Lawrence Edward Page

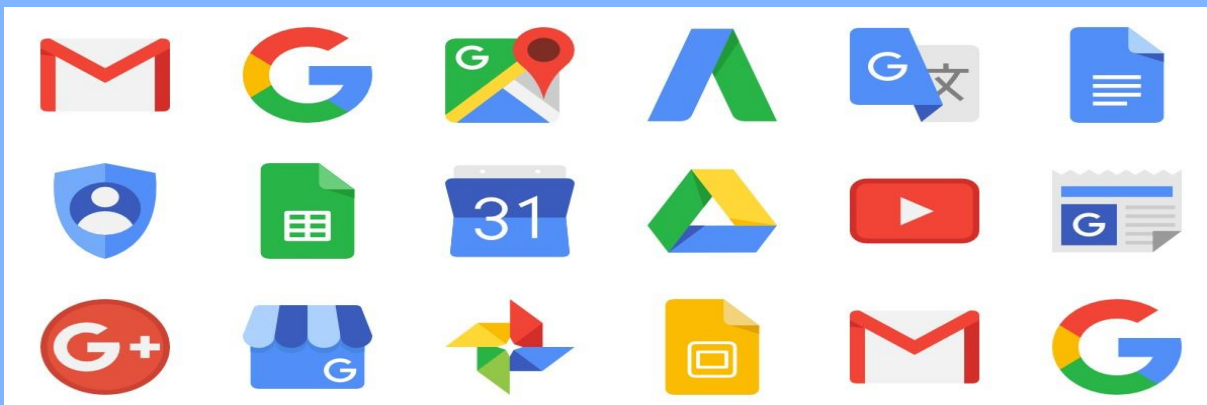


Sergey Mikhaylovich Brin

**Pichai Sundararajan** was appointed CEO of Google on October 24, 2015, replacing Larry Page, who became the CEO of Alphabet. On December 3, 2019, Pichai also became the CEO of Alphabet.



Pichai Sundararajan



Google develops the Android mobile operating system, as well as its smartwatch, television, car, and Internet of things-enabled smart devices variations.

It also develops the Google Chrome web browser, and Chrome OS, an operating system based on Chrome.

Google's headquarters in Mountain View, California is referred to as "the **Googleplex**"

It has its offices in four places in **India** - Hyderabad, Bengaluru, Mumbai and Gurgaon.

**Smt. Ambika Devi G - Dept of English**

# EVERY CHILD IS AN ARTIST, EXPLORE THEM

Since the pandemic, Amrita Kairali Vidya Bhavan pioneered the use of virtual classrooms across its campuses. Having the best digital workflow and the best teachers, Amrita Kairali Vidya Bhavan stands out in delivering regular classes with the help of latest video conferencing and collaboration tools available in the market and make learning in these virtual classes' fun.



The various audio video content streaming platforms available today changed the way education is imparted. Amrita Kailari Vidya Bhavan



is among the first to utilize these online tools to improve student's skill set and brush up the talents in them. The students from classes 1 to 12 were encouraged to create audio video contents and publish the same in the Internet. Under the supervision of the teacher concerned, the students were able to share their passion and showcase their skills beyond the classroom environment.

We witnessed the amazing performances showcased by our most energetic juniors in the kindergarten section.

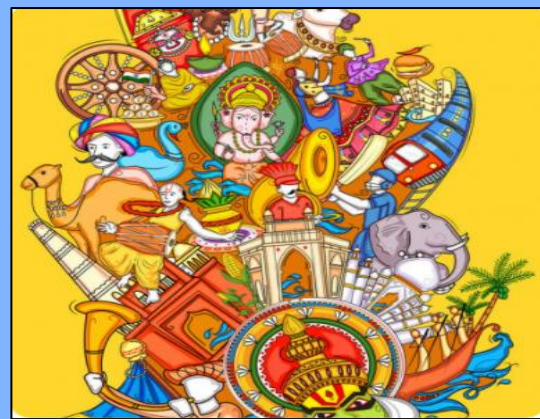
Planning and Practice is an essential requirement to make a good digital content. This helped the children to discover and develop their unique talents by expressing their ideas and feelings in a variety of creative ways, including music, dance and role-play. Through activities, the children

learned the value of team spirit and the need to work together to achieve a common goal.

Cultural awareness and tradition play important roles in helping young children develop a positive sense of identity and build self-esteem.

Students make it memorable by celebrating national, international and other significant days -- such as 'Independence Day, Republic Day, Earth Day, Ozone Day, Yoga Day, International Olympics Day, Blood Donor Day, No Tobacco Day etc. They were successful in spreading various awareness programs such as Good Habits, Good Manners, Food and Health, Significance of Reading, Importance of playing Outdoors, Wasting Food, Role of grandparents in their life, etc.

Festivals played an integral role in the communion of human beings. The students are very eager to share their videos on celebrating Onam, Christmas, Eid, Vishu, Diwali, Janmashtami etc. By offering children the opportunity to share the joy of their festivals and celebrations through these digital tools,



basic human values like confidence, self-esteem, communal harmony and compassion can be cemented in to their conscience.



This focus on planning and organizing not only translates to academics, but to all aspects of life. By taking part in these activities, a child's awareness, self-confidence and self-esteem is developed. Students experience the rewards of their diligence and are motivated to do well. The digital

revolution certainly did elevate the students beyond education, and to embrace the larger cause of life.

**Smt. Nimmi Vijayan – Dept of English**

# 10 FACTS THAT'LL BLOW YOUR MIND!

1. The original name for the search engine Google was Backrub. It was renamed Google after the googol, which is the number one followed by 100 zeros.
2. *The word "strengths" is the longest word in the English language with only one vowel.*
3. The first oranges weren't orange - The original oranges from Southeast Asia were a tangerine-pomelo hybrid, and they were actually green. In fact, oranges in warmer regions like Vietnam and Thailand still stay green through maturity.
4. *Peanuts aren't technically nuts - They're legumes. According to Merriam-Webster, a nut is only a nut if it's "a hard-shelled dry fruit or seed with a separable rind or shell and interior kernel." That means walnuts, almonds, cashews, and pistachios aren't nuts either. They're seeds.*
5. Firefighters use wetting agents to make water wetter - The chemicals reduce the surface tension of plain water so it's easier to spread and soak into objects, which is why it's known as "wet water."
6. *You only have two body parts that never stop growing - Human noses and ears keep getting bigger, even when the rest of the body's growth has come to a halt.*
7. Europeans were scared of eating tomatoes when they were introduced - Scholars think Hernán Cortés brought the seeds in 1519 with the intent of the fruits being used ornamentally in

gardens. By the 1700s, aristocrats started eating tomatoes, but they were convinced the fruits were poison because people would die after eating them. In reality, the acidity from the tomatoes brought out lead in their pewter plates, so they'd died of lead poisoning.

8. *Sloths have more neck bones than giraffes - Despite physical length, there are more bones in the neck of a sloth than a giraffe. There are seven vertebrae in the neck of giraffes, and in most mammals, but there are ten in a sloth.*
9. The word aquarium means “watering place for cattle” in Latin - In the classic Latin language, aquarium means a “watering place for cattle.” However, aquariums these days aren't for cows— instead, they are a place for the public to see sea creatures. The first aquarium that looks like what you'd imagine now was created in 1921 and opened in 1924 in England.
10. *Penicillin was first called “mold juice” - Alexander Fleming was one of those quirky scientists who accidentally made a scientific breakthrough. In 1928, the bacteriologist left a petri dish in his lab while he was on vacation only to return and find that some liquid around the mold had killed the bacteria in the dish. This became the world's first antibiotic. But before naming it penicillin, he called it “mold juice.”*

THANK YOU

**A.J ADVAITH NAMBOOTHIRI -10 B**

# Influence of Sports on Society



The world of sports plays a significant role in building a healthier society by bringing people from all walks of life together. Sports play a crucial role in influencing people's lives as it helps in promoting a culture of fitness.

Sports encourage an active and healthy lifestyle. Sports play a crucial role in modern society... "The health benefits of participating in sports include proper weight management, efficient functioning of the heart, controlled diabetes, lower cholesterol levels, improved blood circulation, and lower hypertension and stress level". These are the health benefits of sports.

Sports at local, state and national level creates opportunities in which youth can tap into the power of team building and leadership development. Sports programs



can create stable and inclusive communities and they are an alternative to anti-social behaviour. The importance of sports in society extends to those who make a career in sports in other ways than playing for professional teams. To follow this path, many professionals earn a master's degree in sports management. The program is ideal for individuals who enjoy exploring the cultural, economic or sociological sides of sports.

Communities that participate in sport and recreation develop strong social bonds, create safer places and the people who live in them are generally healthier and happier than in places where physical activity is not a priority. Sports and recreation build stronger healthier, happier and safer communities.



Sports are considered as one of the important activities in our life. Besides, playing any kind of sports is very useful for a person's character as well. It leads you to gain courage, self-control and make your life more stress free. They help in the development of mental health and physical fitness of the body. A student gains various skills, experience and confidence that are helpful for developing their personality. confidence that are helpful for developing their personality.

**Smt. Amritha C – Dept of Physical Education**



# My Little Help...

Ooo. these pandemic days. sufferings, illness, deaths... especially the people belonging to the middle class have suffered great hardships, both physically & economically. At some point of time, thoughts arose in my mind of the ways I, as a student, could adopt to help the suffering people. When my tenth-class results were announced, I was really happy and felt blessed. The prayers and wishes of my parents, teachers, friends and all well-wishers had helped me to attain this wonderful result. I knew the fact that I should be grateful to all the teaching and non-teaching staff of my school.



I discussed my wish of helping the needy with my family. As it was Onam days, we decided to donate food kits (using my own pocket money) to the driver uncles and aunties of our school. They play an important and loving role in nurturing the students of AKVB. Their love, care and support help each child in their studies and development. So, during this Onam time I extended a supporting hand in the way I could.

This act of mine really made me feel blessed and happy.

**Arabhi Nair – 11 A**

# *It's time to get vaccinated...*

## ***Vaccination camp at our school***

“LOVE....

TRUST.....

PROTECT.....”

Amrita Kairali Vidya Bhavan School in collaboration with Amrita Medical Institute, organized a special COVID-19 vaccination camp in the school premises on 14-08-2021(Saturday).

**AMRITA**  
KAIRALI VIDYA BHAVAN  
Senior Secondary School(CBSE)  
Nedumangad

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**Amrita Institute of Medical Science Kochi**  
joins hands with communities to begin  
COVID-19 Vaccinations

VACCINE IS HERE

Covishield vaccine was provided. The camp was inaugurated by our school manager Sri. G S Sajikumar, Smt Lekha S, Smt Sindhu S & Amrita team members. On this day around 77 people were vaccinated. About 50 percent of the beneficiaries of this camp were senior citizens. Facility for 'Drive-in vaccination' (vaccination given to physically weak people seated in their vehicle itself) was a major highlight of this camp. Arrangements for spot registration were also made available in this camp. It was a great day for AKVB as we could also become one among the Covid warriors.

# *The flag of Amrita Kairali Vidya Bhavan keeps soaring high...*

*Laurels earned make our institution proud....*

The stupendous results of AISSE 2021 and AISSCE 2021 of our school has proved our students and staffs' unwavering commitment despite the hardships of the pandemic.

Proving this verbatim to the optimum, out of the total of 86 students registered for AISSE 2021, 38 students scored above 90% and the remaining passed with distinction and first class.



**Safiya Ahamed  
Shafeek  
(498/500)**



**Arabhi Nair  
B A  
(497/500)**



**AL Drisya  
(496/500)**

Adding more jewels in the bounty of achievements, out of 41 students registered for AISSCE 2021, Bismina S- topped the science stream with 98% followed by Krishnanjana R and Gowri Mohan with 96.4 % and Gayathri S Nair in the third position with 96%. Soorya MS topped the Commerce stream with 95% & Soorya with 96% in the Humanities stream.



**Bismina S - 98%**



**Soorya MS - 98%**



**Soorya - 96%**



**Krishnanjana R 96.4%**



**Gowri Mohan 96.4%**



**Gayathri S Nair 96%.**

*Success is delivered only to the deserving...*

**Smt. Vrinda R Nair – HOD English**

# AMRITA KAIRALI VIDYA BHAVAN ARTS FEST – 'TARANG –2021'

**"Creative thinking inspires ideas.... ideas inspire change..."**



Arts festival is a joyous occasion where all the talents and tastes are encompassed together. This includes a wide range of dance forms, music, art, literature and much more.

Despite the pandemic situation of Covid-19, Amrita Kairali Vidya Bhavan School conducted 'TARANG - 2021' Digital Arts Festival on 3rd and 4th September 2021.

The whole journey was led by our school principal Mrs. Sindhu S along with the support of Co-coordinators, House Masters, Associate House Masters and the IT department of the school.



The two today program included a variety of competitions and showcasing of various art forms. Dance and music were held as competitive programs. From Classical Dance to Folk Dance there was a wide diversity of culture coming together. Essay writing, story writing, versification and elocution were held in three languages-- English, Hindi and Malayalam. Drawing, painting, cartoon and collage were some of the other competitions held.



Judges for the fest were prominent personalities from their respective fields. Students from all the four houses showed keen interest in participating. Overall, the arts festival, like its name 'Tarang' was a great success.

**Smt. Vijayakumari R - Dept. of English,  
Co-Ordinator of Tarang**

# Indywood Education Excellence Award - 2021

**Hard work never goes unrewarded....**



With Amma blessings showering on us, the efforts made by Amrita Kairali Vidya Bhavan in accepting the challenges of the new millennium to give quality-based education to students

keep attaining great and tangible results. With great pride we announce that Amrita Kairali Vidya Bhavan, Nedumangad is the recipient of the prestigious 'Indywood Education Excellence Award 2021' for our excellence in adopting Inclusive Education.

This award was received by our Principal, Smt. Sindhu S from Sri Ganesh Kumar MLA & Sri Jayakumar IAS at a grand function organised by Indywood at Aries Plex Complex, at a grand function organised by



Indywood at Aries Plex Complex, Trivandrum. Words of gratitude to Amrita Management and special thanks to Sri. G S Sajikumar, our manager whose guidance boosts our morale to continue bringing Amrita Kairali Vidya Bhavan to the pinnacle of success. The high degree of motivation, dedication and efficiency of our teachers have helped in the navigation of the entire journey. It is the earnestness of our students and the cooperation of our parents that has contributed a lot in making Amrita Kairali Vidya Bhavan, the centre of excellence. Sincere gratitude to all the well-wishers whose prayers continue to be with us

**Smt. Vrinda R Nair – HOD English**

# Sradha FM, Let's Listen



Our school provides stress free, child centered and holistic education to all students without compromising on the quality and helps each child to develop one's innate talents and abilities. This concept was the reason for the birth of our school radio '**Sradha**'.

The activities are going tandem with nature and there has been a relentless pursuit of creating a student friendly FM. In this process the stakeholders-the students, teachers, parents and the community around us became our active participants. We did take care that all the stakeholders the student fold in particular move beyond theories and textbooks and concentrate solely on doing. The basic idea behind the student's bestie Sradha is to stress on the importance of active participation of students in learning through their involvement in various creative approaches.

Sradha FM helps us to achieve key educational goals and to engage children in music. There are many benefits of running a school radio system particularly when it is build using industry standard technology that offers professional tools in a way that is simple and accessible by the presenters of all ages.

Shradha has been moving on energetically since the last 3 years. Each year brings us each book of experiences from the Radio Club. The inauguration ceremony was held in our main auditorium (Indrapuri, AKVB premises). Popular RJ s of Big FM



Sri. Kidilam Firoz and Smt. Sumi along with Director of Akashavani,



Tvpm and other dignitaries, joined us in the inauguration of our club. From the beginning, Sradha FM is lucky to have a super cool team to run with her. Our senior batch took the initiative of conducting programs in its style. As years roll on, our team grows more stronger with the ideas we get and from the experiences we have.

The first Shradha crew-- RJs Devika, Vidya, Gowri, Fathima, Sabiha, Akash, Arjun and Megha-- really gave us the start. It's their effort and guidance along with our coordinators and teachers that has made our radio superb. Special thanks to Bindu Nair



teacher and all other teachers for being the support for airing radio programs in its best way.

Now it's the successors (of the first Shradha crew--) RJs Ajesh, Amritha, Avanthika, Sai Sruthi, Amritha C Nair and many others who took the baton to continue the chain of entertainments. Still the same team, with the blessings of Almighty, the support of all the teachers, students and staff, is able to air more and more entertainment segments for Kairali Family. We have programs like Retro mix, freeze music, kavyanjali, madhurageetham, infotech, funpoint and a lot more.



The unpredicted guest-- **Covid 19** has completely locked us behind the bars That was the moment when our school realized the need of resuming the chapters of fun with Sradha FM. It was so fast and

Sradha. As the pandemic continues to reign the life of man, Sradha and her crew are there with all students and their families. Sradha

created its fandom through online platform YouTube and is still going on wonderfully conducting segments, competitions interviews and more.

We have a long way ahead. We have to go further more--we have to find many more tokens of fun via exploring every cranny around us.

Our school family prepares us to understand and contribute to succeed in the rapidly changing society. We seek to build citizens who are amply armed with scholastic and co scholastic skills imparted with modern technology and experiential learning. It's our vision that we must build physically and emotionally fit individuals who never feel defeated by their circumstances. Obviously starting of Sradha was a great deal and important step towards it.



**We are here with you. Stay Home-Stay Safe- Stay tuned. Let's sit**

**back and listen to Sradha**



**Amritha SR - XI A**

# Technology's Impact on Children's Development in School

## **How Technology Impacts Children's Development in Schools.**

When technology is blended into education, learners at schools are required to be more involved in the subjects they are studying. Technology offers various possibilities to make studying more enjoyment and pleasant in terms of teaching the same things in innovative methods. If you are wondering ***how technology impacts children's development in schools*** then here is a complete guide for you. The schools are now realizing the requirement of integrated the appropriate quantity of technology in the learning system.

Technology should be a portion of schools as technology assists kids to study efficiently and also encourage schools to communicate with parents. Technology allows for customized learning or experience that is more appealing and appropriate. The schools should design education skills that enable students in a classroom to opt from a variety of learning activities.

Sending children to the right school is one of the first and most vital decisions of parenthood. The school you choose for your child will determine their overall development and personality. It is a decision that you cannot take lightly. When it comes to education the best schools offer high-tech infrastructure and facilities. So, choose the school for your kids which offers technology-based education to students. Technology has been playing a major role in the field of education. It has the power to change how people learn. However, it actually assisting the students of boarding schools in changing and developing their lives.

## The Ways How Technology Impact Children's Development in Schools

### 1. Motivates Individual Learning



Schools should offer personalized curriculum to maximize learning and reduce dependency on teachers to manage

personalized playlist customizations.

### 2. Boost Knowledge Retention

Active class participation can be a key factor in knowledge retention.

Technology can also help to motivate students. Technology can be used in many ways to retain knowledge.



### 3. Constructive Learning.



Technology makes learning simple and efficient.

Technology allows students to gain a better understanding of any topic or idea.

## 4. Encourages Collaboration.



Online activities allow students to practice their collaboration skills. Students can interact with others in the same school, same

class, or even other school around the globe through technology.

## 5. Teacher's Benefits

Technology can be used to improve teaching with the help of countless online resources. Different apps and trusted online resources can be used by teachers to improve traditional teaching methods and keep students engaged. Teachers can save time by using virtual lesson plans, online grading software, and online assessments. You can use this time to help students in need.

## Learn Useful Life Skills

Both students and teachers can learn skills by utilizing technology in the classroom. Students can learn the skills that will help them succeed in the future. Modern learning involves collaboration, problem solving, critical thinking, communication, leadership, and bringing the outside world into the classroom. Students have the chance to succeed with technology because they can work at their

own pace on projects and concepts. These skills are essential and can be learned in the classroom.

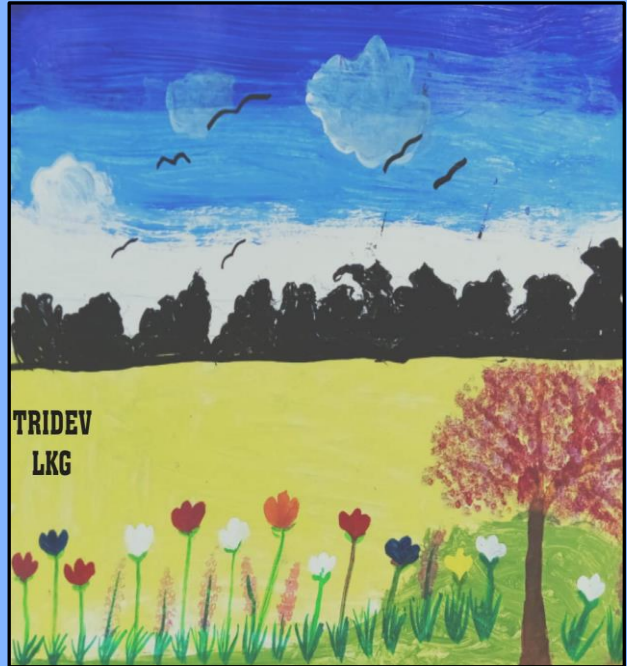
Technology is becoming more important in schools because it engages students through effective learning and virtual programs. Many schools have already adopted the latest technology, which is proven to be extremely effective. Its widespread adoption has completely changed the learning experience for students and teachers alike.

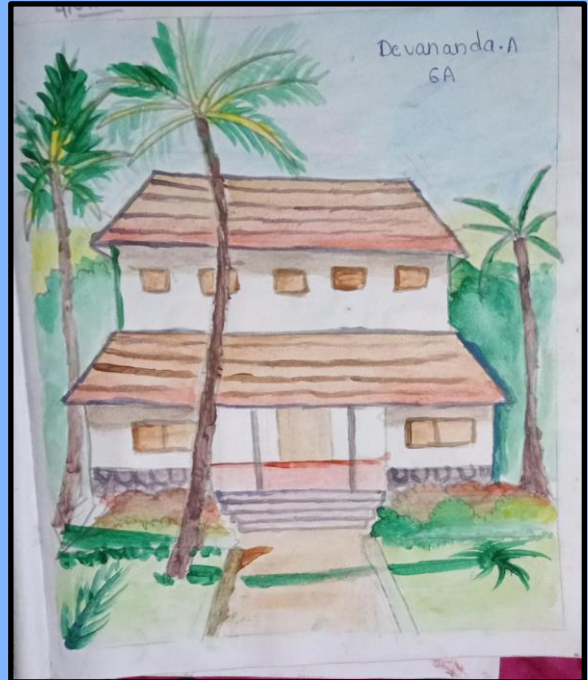
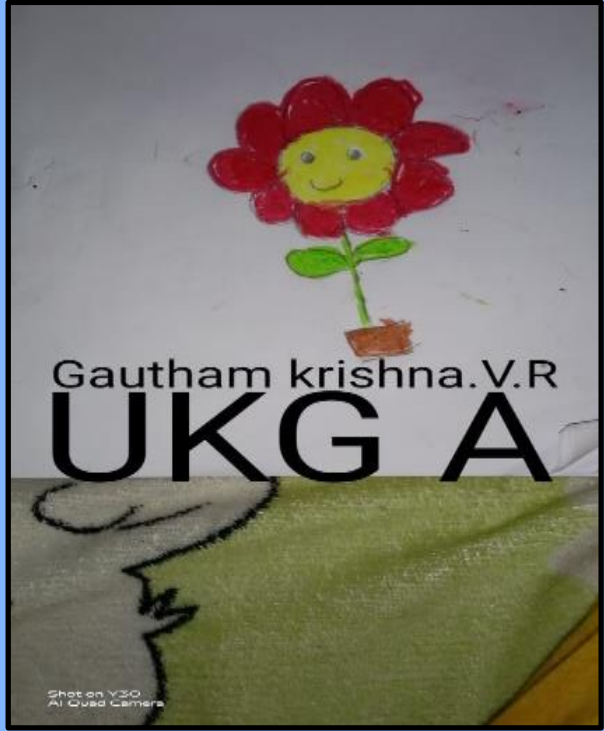
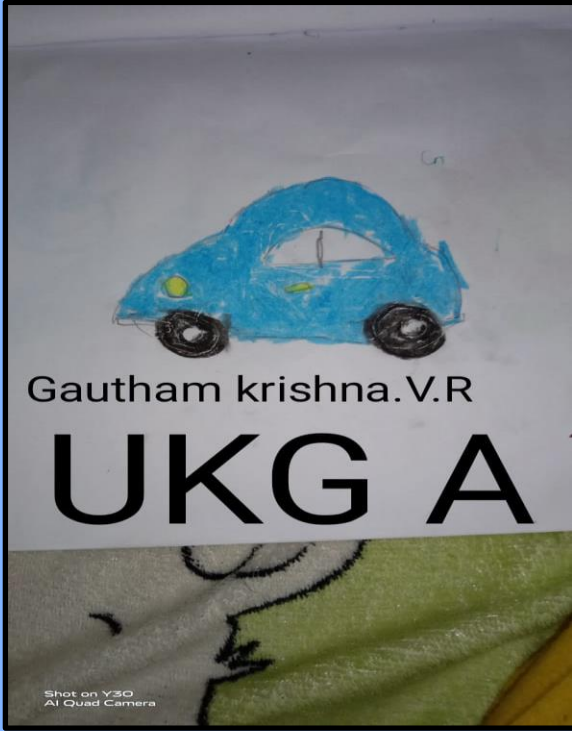
Students in schools will be more interested when technology is integrated into lectures and classes. There are many ways technology can make learning more enjoyable. You can use PowerPoint presentations to teach or even go on virtual field trips with students.

Technology promises more active participation in the learning process. Learning can be difficult in a lecture environment where students are taught facts from books. The advent of audio-visual learning in Schools has raised the level of student engagement. Children learn more easily with the use of smart projectors, touch screens, and interactive whiteboards. Students are more motivated to learn when they have access to visual and auditory learning tools.

**Smt. Sheeja CS - Dept. of English**

# Students Drawings





*Thank you*